



Lunch Menu

December 2022

Serving Sizes are as follows:

K - 5th Grade – Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

6th – 8th Grade - Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

Daily Alternate Meal Options Include: Turkey & Cheese Sandwich, Chicken Tenders, Garden Salad w/ Cheese

Monday	Tuesday	Wednesday	Thursday	Friday
November 28	November 29 Mac & Cheese w/ WG Pasta Peas & Carrots Fruit Milk	November 30 Turkey & Cheddar Cheese on WW Bread Fresh Broccoli Mayonnaise WG Dinner Roll Fruit Milk Edamame	December 1 Beef Chili Mashed Potatoes Shredded Cheddar Cheese Dinner Roll Fruit Milk Bean Chili	December 2 Pizza Sticks Cooked Carrots Fruit Milk
December 5 WG Chicken Patty WG Bun Peas & Carrots Fruit Milk Veggie Burger	December 6 Beef BBQ on WG Bun Sweet Potato Fries Fruit Milk Veggie Bean BBQ	December 7 SW Chicken Wrap on WG Flour Tortilla w/ Cheddar Cheese & Salsa Ranch Dressing Fresh Broccoli Ranch Dressing Fruit Milk Edamame	December 8 Hamburger Macaroni & Cheese w/ WG Pasta Green Beans Fruit Milk Mac & Cheese	December 9 Egg Patty w/ American Cheese English Muffin w/ Butter Breakfast Potatoes Fruit Milk Cheese Sandwich
December 12 Taco Beef WG Sun Chips Corn & Black Bean Salad Shredded Cheddar Cheese Fruit Milk Bean Burrito	December 13 Sweet & Sour Chicken Brown Rice California Veg Blend Fruit Milk Sweet & Sour Veggie Meat Balls	December 14 Turkey Sausage w/ Gravy Biscuit Peas Fruit Milk Veggie Sausage w/ Gravy National Biscuits & Gravy Day!	December 15 Pizza Sticks Potato Wedges Fruit Milk	December 16 Hamburger Sliced Cheddar Cheese WG Sandwich Bun Potato Wedges Ketchup Fruit Milk Veggie Patty on Wheat Bread
December 19 Baked Ziti w/ Ground Beef <i>(WG Pasta w/ tomato sauce and mozz cheese)</i> Mixed Vegetables Fruit Milk Veggie Meat Ball Parm	December 20 WG Chicken Tenders Mashed Potatoes Fruit Honey Mustard Milk Veggie Nuggets	December 21	December 22	December 23
December 26	December 27	December 28	December 29	December 30

Online Ordering Instructions

1. Go to <https://kremmers.boonli.com>
2. Click Create new account and enter the password BL26
3. Enter account information and select order for someone else.
4. Then they will select their school St. Michaels Elementary or Middle School.
5. If there is more than one child in the family, they can enter each child in the same account. Just make sure to select the appropriate room for each child, so their meals go to the correct location.
6. Once registered they will have access to the menu and can place their child's lunch orders