



<http://www.st-mikes.com/cyo>

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 St. Michael's CYO
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Purpose: The objective of the Saint Michael's CYO is to promote youth activities in accordance with Catholic teachings for the youth of the St Joseph's and Assumption Parish Community. This is accomplished by:

- 1) Providing structure for athletic & academic competition
- 2) Establishing and monitoring standards for individual participants, coaches, volunteers and contest officials
- 3) Provide information and to facilitate communication among participating members
- 4) Establishing and monitoring standards for good sportsmanship and athletic competition
- 5) Establishing standards to manage the risk and to prevent the exploitation of those involved in sport activities

Philosophy: St. Michael's CYO endeavors to help young people be more Christ-like in the way they live. St. Michael's programs focus on the total development of participants in order to influence the formation of Christian values.

Program: St. Michael's CYO strives to offer various programs to engage our young people in organized activities and to participate in these programs with the opportunity to demonstrate their Christian ideals within a competitive environment. Our programs currently include:

Sports	Non-Sports
<p><u>Fall Programs:</u> Girls Volleyball (3-8) Cross Country (K-8)</p> <p><u>Winter Programs:</u> Girls & Boys Basketball (K-12) Cheerleading (K-8)</p> <p><u>Spring Sports:</u> Co-Ed Volleyball (5-8) Track & Field (3-8)</p>	<p>Academic Bowl (6,7&8): May</p> <p>Art Contests (7&8): Apr</p> <p>Chess Tournament (5-8): May</p> <p>CYO Theater/Play (5-8): Feb to May</p> <p>Declamation (7&8): Apr</p> <p>Spelling Bee (6-8): Nov</p>