



## Lunch Menu – NSP K-8

April 2023

Serving Sizes are as follows:

K - 5<sup>th</sup> Grade – Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

6<sup>th</sup> – 8<sup>th</sup> Grade - Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>April 3</b>  <b>WG Popcorn Chicken</b>  Mashed Potatoes  Honey Mustard  Fruit  Milk  <b>Veggie Nuggets</b></p>	<p><b>April 4</b>  <b>Mac &amp; Cheese w. WG Pasta</b>  Green Beans  Fruit  Milk</p>	<p><b>April 5</b></p>	<p><b>April 6</b></p>	<p><b>April 7</b></p>
<p><b>April 10</b></p>	<p><b>April 11</b>  <b>Hamburger w/ Cheddar Cheese</b>  WG Sandwich Roll  Green Beans  Fruit  Milk  <b>Balsamic Tofu</b></p>	<p><b>April 12</b>  <b>Turkey Ham &amp; Cheese on WW Bread</b>  Mayonnaise  Carrot Sticks w/ Ranch  Fruit  Milk  Potato Chips  <b>Cheese Sandwich</b></p>	<p><b>April 13</b>  <b>Pizza Sticks</b>  French Fries  Fruit  Marinara Sauce  Milk</p>	<p><b>April 14</b></p>
<p><b>April 17</b>  <b>Grilled Chicken Parmesan w. Marinara Sauce and Mozzarella Cheese over WG Pasta</b>  Cooked Carrots  Fruit  Milk  <b>Veggie Meatball Parmesan</b></p>	<p><b>April 18</b>  <b>2 Hot Dogs on WG Bun</b>  Baked Beans  Ketchup  Fruit  Milk  <b>Veggie Burger</b></p>	<p><b>April 19</b>  <b>WG Mozzarella Sticks</b>  Tator Tots  Marinara Sauce  Fruit  Milk</p>	<p><b>April 20</b>  <b>Chicken Patty Sandwich</b>  WG Sandwich Roll  Roasted Potatoes  Fruit  Milk  <b>Lentil BBQ</b></p>	<p><b>April 21</b></p>
<p><b>April 24</b>  <b>Mac &amp; Cheese w. Turkey Ham and WG Pasta</b>  Green Beans  Fruit  Milk  <b>Mac &amp; Cheese w. WG Pasta</b></p>	<p><b>April 25</b>  <b>Taco Beef w. Cheddar Cheese</b>  WG Tortilla Chips  Corn &amp; Black Bean  Fruit  Milk  <b>Bean Burrito</b></p>	<p><b>April 26</b>  <b>Chicken Gyro on WG Pita Bread</b>  Shredded Lettuce and Diced Tomatoes  Fresh Broccoli w. Broccoli Tzatziki Sauce  Fruit  Potato Chips  Milk  <b>Cheese Sandwich</b></p>	<p><b>April 27</b>  <b>Turkey Sausage</b>  WG French Toast  Breakfast Potatoes  Fruit  Milk  <b>Veggie Sausage</b></p>	<p><b>April 28</b></p>

### Online Ordering Instructions

1. Go to <https://kremmers.boonli.com>
2. Click Create new account and enter the password BL26
3. Enter account information and select order for someone else.
4. Then they will select their school St. Michaels Elementary or Middle School.
5. If there is more than one child in the family, they can enter each child in the same account. Just make sure to select the appropriate room for each child, so their meals go to the correct location.
6. Once registered they will have access to the menu and can place their child's lunch orders